

Toddler IV Snack List

Week of:

- > 2 packs of wipes
- > 1 bouquet of flowers
- > 10 bananas
- > 2 containers fresh blueberries
- > 1 box of whole wheat crackers
- > 1 quart container of vanilla or plain Greek yogurt
- > 1 medium sized bag of nut free granola
- > 1 large container of hummus

******please remember to check all labels to ensure products are peanut and nut free!**

-feel free to add anything to the list that your child loves or that you'd like to share with the class

Toddler IV Snack List

Week of:

- > 2 packs of wipes
- > 1 bouquet of flowers
- > 1 package of rice cakes or rice crackers (I've seen these at Harris Teeter)
- > 1 jar of sunbutter
- > 1 box of raisins
- > 1 bag of dried banana chips
- > 1 bag of soft pita bread (12 pieces)
- > 1 large container of hummus (feel free to choose different flavors!)
- > 2 cucumbers

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Toddler IV Snack List

Week of:

- > 2 packs of wipes
- > 1 bouquet of flowers
- > 1 loaf of banana bread or 10 muffins (fruit or bran)
- > 1 bag of grapes
- > 10 cheese sticks
- > 1 container of cherry or grape tomatoes
- > 1 box of whole wheat crackers (or comparable brand)
- > 1 container of black bean dip
- > 1 jar of applesauce

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Toddler IV Snack List
Week of:

- > 2 packs of wipes
- > 1 bouquet of flowers
- > 2 bags microwavable brown rice
- > 2 cans of black beans
- > 5 Avocados
- > 12 apples
- > 1 box of instant oatmeal (plain)
- > 1 quart container of vanilla greek yogurt
- > 1 medium sized bag of nut free granola

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Toddler IV Snack List
Week of:

- > 2 packs of wipes
- > 1 bouquet of flowers
- > 10 bananas
- > 1 large box of raisins
- > 2 boxes of graham crackers (feel free to choose a gluten free or organic brand based on preference)
- > 2 containers of raspberries
- > 1 bag of carrots (crinkle cut if possible)
- > 12 yogurt cups

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Toddler IV Snack List
Week of:

- > 2 packs of wipes
- > 1 bouquet of flowers
- > 1 bag of mini bagels
- > 1 container of cream cheese
- > 12 oranges (naval or mandarin whatever is on sale or looks best!)
- > 1 bag of cherry tomatoes
- > 1 container of fresh mozzarella cheese balls
- > 1 box of whole wheat crackers
- > 1 block of real cheddar cheese

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